

Personal penalties and Cards (as per 2011/12 rule book)

14.1 For any offence, the offending player may be:

- a) Cautioned (indicated by spoken words)
- b) Warned (indicated by a green card)
- c) Temporarily suspended for a minimum of 5 minutes of playing time (indicated by a yellow card)

*For the duration of each temporary suspension of a player on or off the field, the offending team plays with one less player.*

- d) Permanently suspended from the current match (indicated by a red card).

*For each permanent suspension, the offending team plays for the remainder of the match with one less player.*

*A personal penalty may be awarded in addition to the appropriate penalty.*

14.2 Temporarily suspended players must remain in a designated place until permitted by the umpire who suspended them to resume play.

14.3 Temporarily suspended players are permitted to rejoin their team at half-time after which they must return to a designated place to complete their suspension.

14.4 The intended duration of a temporary suspension may be extended for misconduct by a player while suspended.

14.5 Permanently suspended players must leave the field and its surrounding area.

If players are given a green card, players must leave the field. Umpires do not need to wait for the player to leave the field before resuming the game. The player's suspension time of 2 minutes starts from when they sit down in the designated area.

If a yellow card is given, the player's suspension time of at least 5 minutes starts from when they sit down in the designated area. Play resumes once the player leaves the field.

Timing of the suspension can be done by either the game clock or by stop watch. The stop watch will be more precise. Stop watch provided by IWHA.

Designated place – IWHA's designated suspension place is the middle dug out (The Technical Bench / duty room).

All warning and suspension cards are too recorded on the score card regardless of time left on the clock.